



Minnesota Landscape
ARBORETUM

PLANT FOODS FOR HUMAN HEALTH

September 30, 2010 – UNIVERSITY RADISSON

Presented in collaboration by the University of Minnesota's

HEALTHY FOODS, HEALTHY LIVES INSTITUTE and LANDSCAPE ARBORETUM

AGENDA

- 8:00–8:30 *Registration and Continental Breakfast*
- 8:30–9:00 **Welcome and Introduction to the Symposium**
ROBERT J. JONES, Ph.D., Senior Vice President – System Academic Administration, University of Minnesota
MINDY S. KURZER, Ph.D., Director of Healthy Foods, Healthy Lives Institute, University of Minnesota
- 9:00–9:10 *Introduction of Session 1: **Plant Foods & Bioactive Compounds for the Improvement of Human Health*** – MARY JO KREITZER, Ph.D., Center for Spirituality and Healing, University of Minnesota
- 9:10 – 9:50 **“The Role of Bioactive Compounds and Dietary Supplements”**
PAUL M. COATES, Ph.D., Director of the NIH Office of Dietary Supplements
- 9:50 – 10:30 **“The Portfolio Diet: Potential of Food Combinations to Prevent and Treat Chronic Diseases”**
DAVID J.A. JENKINS, M.D, D.Sc, Professor of Nutritional Sciences, University of Toronto and Canadian Research Chair in Nutrition and Metabolism
- 10:30 – 10:50 *Break*
- 10:50 – 11:30 **“An Onion a Day Keeps the Doctor Away: Reflections on the Potential Health-Functionality of Vegetable Crops”** - IRWIN GOLDMAN, Ph.D., Professor of Horticulture, UW-Madison
- 11:30–12:00 *Panel Discussion with Morning Presenters: **How do we best use this information to increase consumption of plant foods for human health?*** – DR. ALLEN S. LEVINE, Dean, College of Agricultural, Food, and Natural Resource Sciences, University of Minnesota
- 12:05 – 1:05 *Lunch*
- 1:10–1:20 *Introduction of Session 2: **Public Policy Issues Related to Increasing Plant Foods in the U.S Diet***
MELISSA N. LASKA, Ph.D., R.D., UMN-Division of Epidemiology, School of Public Health
- 1:20 – 2:00 **“Food Consumption Trends and the Economic and Policy Issues that Have Driven Them”**
HELEN JENSEN, Ph.D., Professor of Economics and head of the Center for Agricultural and Rural Development's Food and Nutrition Policy Division, Iowa State University
- 2:00 – 2:40 **“Plant Food Safety Issues”** – MICHAEL DOYLE, Ph.D., Regents Professor of Food Microbiology, Director, Center for Food Safety, University of Georgia
- 2:40–2:55 *Break*

- 2:55 – 3:40 **“Communication Matters: Rethinking Nutrition & Scientific Messaging from a Journalist’s Perspective”** – MARK BITTMAN, cookbook author and Journalist for *The New York Times*
- 3:40 – 4:10 *Panel Discussion with Afternoon Presenters:* **How do we best use this information to increase consumption of plant foods for human health?**
- 4:10–4:15 **Closing Remarks** – MINDY S. KURZER, Ph.D., Director of Healthy Foods, Healthy Lives Institute, University of Minnesota