PLANT FOODS FOR HUMAN HEALTH
September 30, 2010 – UNIVERSITY RADISSON

Presented in collaboration by the University of Minnesota’s
HEALTHY FOODS, HEALTHY LIVES INSTITUTE and LANDSCAPE ARBORETUM

AGENDA

8:00–8:30  Registration and Continental Breakfast

8:30–9:00  Welcome and Introduction to the Symposium
ROBERT J. JONES, Ph.D., Senior Vice President – System Academic Administration, University of Minnesota
MINDY S. KURZER, Ph.D., Director of Healthy Foods, Healthy Lives Institute, University of Minnesota

9:00–9:10  Introduction of Session 1: Plant Foods & Bioactive Compounds for the Improvement of Human Health – MARY JO KREITZER, Ph.D., Center for Spirituality and Healing, University of Minnesota

9:10 – 9:50  “The Role of Bioactive Compounds and Dietary Supplements”
PAUL M. COATES, Ph.D., Director of the NIH Office of Dietary Supplements

9:50 – 10:30  “The Portfolio Diet: Potential of Food Combinations to Prevent and Treat Chronic Diseases”
DAVID J.A. JENKINS, M.D, D.Sc, Professor of Nutritional Sciences, University of Toronto and Canadian Research Chair in Nutrition and Metabolism

10:30 – 10:50  Break

10:50 – 11:30  “An Onion a Day Keeps the Doctor Away: Reflections on the Potential Health-Functionality of Vegetable Crops” – IRWIN GOLDMAN, Ph.D., Professor of Horticulture, UW-Madison

11:30–12:00  Panel Discussion with Morning Presenters: How do we best use this information to increase consumption of plant foods for human health? – DR. ALLEN S. LEVINE, Dean, College of Agricultural, Food, and Natural Resource Sciences, University of Minnesota

12:05 – 1:05  Lunch

1:10–1:20  Introduction of Session 2: Public Policy Issues Related to Increasing Plant Foods in the U.S Diet
MELISSA N. LASKA, Ph.D., R.D., UMN-Division of Epidemiology, School of Public Health

1:20 – 2:00  “Food Consumption Trends and the Economic and Policy Issues that Have Driven Them”
HELEN JENSEN, Ph.D., Professor of Economics and head of the Center for Agricultural and Rural Development’s Food and Nutrition Policy Division, Iowa State University

2:00 – 2:40  “Plant Food Safety Issues” – MICHAEL DOYLE, Ph.D., Regents Professor of Food Microbiology, Director, Center for Food Safety, University of Georgia

2:40–2:55  Break

3:40 – 4:10  Panel Discussion with Afternoon Presenters: How do we best use this information to increase consumption of plant foods for human health?

4:10–4:15  Closing Remarks – Mindy S. Kurzer, Ph.D., Director of Healthy Foods, Healthy Lives Institute, University of Minnesota