A Menu of Uniquely Arboretum Meeting Experiences for our Business Partners

Uniquely Arboretum Meeting Experiences added to your Arboretum meeting or team retreat enhance creative thinking, brainstorming, and the free flow of innovative ideas between colleagues. These 30-60 minute nature-based experiences are easily incorporated into any business meeting or offsite retreat and available only to Arboretum business partners.

Invite the inspiration of nature into your Arboretum business experience or provide your team with a much needed break in the offsite work session while increasing productivity and wellness.

"Attention Restoration Theory (ART) posits natural environments aid in recovering from stress to focus attention. Research studies have shown even as little as ten minutes in a plant-rich environment stress begins to wear off. Ten minutes more, and the mood starts to improve. Being in nature engages your attention in a relaxed fashion - such as leaves rustling, bird flying, and patterns in a tree’s bark. Nature captures one’s attention in a soft/subtle manner and allows the daily-grind of our focused attention to be “restored” by our exposure to natural environments. Below you will find a variety of ways for your group to take a break in nature and get your daily dose of Vitamin G.” — Dr. Jean Larson, Arboretum Manager of Nature Based Therapeutics Services

Self-guided Arboretum Nature Breaks and Walks  Free
Business Partners receive an overview of short, self-guided nature break options that can easily be incorporated into team off sites and meetings. This information is provided to you at the time of booking the meeting space.

Amazing Race/Team Building ($200)  60-120 Minutes Outdoors or 30-60 Minutes Indoors
The Amazing Arboretum Race will begin with a clue for your first destination – once you find the bin inside you will find an activity the team needs to complete before getting their clue to the next are 10 locations to complete before you are the first team back with all activities completed wins bragging rights and 1 VIP Arboretum Tickets per team member. Plan for at least 1.5 hours – only the quickest teams will finish in that time – we suggest planning for 2 hours and/or having a designated stop time and whoever comes back completing the most activities. If due to weather we need to move you indoors.

Mind in Nature ($350) 60 - 90 minutes
Studies have shown that taking a nature break can benefit productivity, relaxation, and focus. An Arboretum naturalist will guide your team on an exploration of the grounds. Look for natural signals that indicate change, adaptation, natural selection, and potential for growth. Flora, fauna, and the natural setting of the season will create an engaging discussion and free flow of ideas. Think outside the cubicle and draw inspiration from the natural world. Dress appropriately for walking and for the weather. Max 30 participants.

Digging into the Design: Create a Succulent Garden ($1,050) 30-45 minutes
Create your own miniature succulent “garden” to take back to your desk or home as another way to bring a slice of the restorative power of nature into your daily life. Cut across divisional divides or stoggy ways of looking at the world around you, and join in the fun of helping each other create something beautiful. You will feel as if you took a small trip to an exotic paradise and understand that even if everyone draws from the same materials, each creation will be unique and reflect the individual’s style and preferences. Max 30 participants.

Apples: A Sense-a-tional Experience ($725) 30-45 minutes
Note: This class is seasonal, taking place during fall apple harvest.
Engage your senses in this unique apple tasting experience. Learn about the integral and decades-long process entailed in developing a new apple variety. Break-down the various qualities an apple breeder looks for in determining which apples are the best of the bunch. Then take what you know and apply it to a sampling of in-season apples in a side-by-side taste comparison. Take home a few of the Arboretum favorite apple recipes. Max 30 participants.

Creating a Buzz: Take Flight with Honey ($750) 30-45 minutes
Natural honey offers a sweetening to everything it touches. You will learn how artisanal honey differs from standard commercial brands. You will experience the profound differences in appearance and taste of honey produced from different plants in a flavorful “honey flight.” Take home several kitchen proven and family pleasing recipes that incorporate honey in delightful and refreshing ways. Max 30 participants.

Sipping away the Stress ($725) 45 minutes
Hundreds of plants, from lavender to chamomile, offer health benefits while making our lives more pleasurable. Sip and savor specially blended botanical teas and their benefits. Spend time blending your own custom tea to use at home or at the office. Max 30 participants.
Chocolate: Diversity and Quality ($775) 30-45 minutes
Why are chocolate bars so popular? It feels like an indulgence, easily affordable and if you like the message the wrapper purports, that’s a feel-good bonus – great value, easy decision. Chocolate is a highly attractive core product to begin with – adding premium quality choices, new flavor combinations, and a feel-good marketing message that provides for customer preferences increases its appeal and our urge to buy. During a guided chocolate tasting, your team will experience the differences among chocolates of varying qualities, flavors and marketing angles and learn about chocolate’s journey from bean to bar and chocolate’s health benefits. Max 30 participants.

Food for Thought -- Brain Food ($700) 30 minutes
Take a meeting break to do more than simply nosh on an afternoon delight. In this experience your team will create their own snack and learn about healthful nutrients that actually feed your brain and body instead of a temporary sugar rush with no real benefit. Your employees will leave with a variety of recipes for healthful snacks for their office days or anytime. Max 30 participants.

Animal-Assisted Interactive Experiences: ($150.00 - $350.00) 60 minutes or more
Animal Assisted Interactions (AAI) involves working with multiple types of domestic animals - horses, dogs, chickens - for growth and learning. It is a collaborative effort between trained professionals, an animal partner, and group. Together, participants learn about themselves and others through activities with the animals to augment group brainstorming, strategic planning, team building, and facets of leadership development in business. Max 30 participants. Pricing is range of $125.00 - $350.00 depending on the species of animals we are working with and the location we are doing the program.