There has been a lot of talk today about how nature benefits people but very little discussion of how people can benefit nature. Can you speak to the importance of our symbiotic relationship w/nature?

What type of methods are you using to measure wellbeing?

Dr. Sempik, would you please list the wellbeing measures you have used? Many thanks!

What are some sources of how this is utilized in Palliative care?
Anonymous • 01 Oct 01:05PM
Have you ever looked at the person facilitating the experience? And how he/she influences the benefit?

Anonymous • 01 Oct 01:08PM
Consider the "wearing off" effect as the novelty effect?...

Comments (1)

(Custom) Maarten • 0 upvotes • 0 downvotes
In our care farm program we see our program as a stepping stone and something to graduate from. And for those who choose to stay we set short term goals every three months.

Anonymous • 01 Oct 12:53PM
I practice HT in the US. I do not see a unified practice or pedagogy. Is it different in UK.?

Anonymous • 01 Oct 01:06PM
Why not use a wait list control and/or crossover with w/o STH?

(Facebook) Sven Hultman • 01 Oct 01:11PM
Do you know of examples of trying to combine SHT with some form of AAA/AAT?
I heard about a conference occurring today to address mental health issues, due to trauma, in the east african population in the U.S. How do you envision utilization of STH within refugee populations?

This has been tried in several European countries. Brilliant idea but somehow hard in execution.

As a pharmacologist studying blood pressure, have you looked at the effects of horticulture therapy on blood pressure?

Were the disability girls mental health & learning disability the same folks? Or where the same values happenstance?

Has the thrive inventory been validated or standardized?

Have you looked at the transformative aspect of sth?

What's the name of the guy who is associated with Nidotherapy work with personality disorders? Can you recommend anything he has published?
Anonymous • 01 Oct 01:14PM

Is it the tool or is it the trust the person can take care of themselves?

Anonymous • 01 Oct 01:22PM

There are some key elements that improve wellness and there are a variety of ways to implement those elements. Is it possible that nature is simply a place where these elements can be implemented?

Anonymous • 01 Oct 01:27PM

You do such a wonderful job of discussing how a SYSTEM influences change; thank you. Can you also discuss how a person's wellbeing affects the system of the ecosystem?

Anonymous • 01 Oct 01:29PM

What about conservation efforts including a therapeutic aspect? Are there interventions like this? How does it play into combating the negative psychological effects of environmental degradation?

Anonymous • 01 Oct 01:06PM

How can I get funding for research?

Anonymous • 01 Oct 01:25PM

Another aspect of consumption is the opportunity to create and give something of quality as a gift

Anonymous • 01 Oct 01:41PM

It seems that this HT could be used as "preventative" measure to increase individual's capacity to deal with issues. Is there any research on this?
How does a patient get into STH? How do they know that it is for them? Why not art therapy? Equine therapy? Why STH?